



Survival Skills Activities

Agape Center for Environmental
Education

Survival Skills: Rule of Threes (K-8)

This activity focuses on the “rule of threes” that is often taught during survival classes.

Supplies:

- Sticky Putty
- Labels provided
- Poster board/somewhere to stick the labels

Directions:

- Tell the kids there is such a thing as the “Rule of Threes” in survival skills.
- Their goal is to work as a team (or partners) to figure out which need goes with the appropriate amount of time (or vice versa).
- Go through the list and talk about each one.

Rule of Threes:

3 Weeks: Food

3 Days: Water

3 Hours: Shelter

3 Minutes: Air

3 Seconds: PMA (Positive Mental Attitude)

3 Seconds

3 Minutes

3 Hours

3 Days

3 Weeks

Survival Skills:

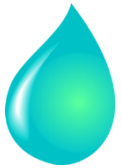
Rules of Threes (K-8) Continued



Food



Shelter



Water

Air

Survival Skills: Create Your Own Sundial (K-5)

This activity focuses on the how to use common items and the sun to tell time.

Supplies (for one sundial):

- Pencil
- 12 (or more) rocks
- Clay (something to stick the pencil in so it will stand straight up)

Directions:

- Give the students one pencil and rocks in a field/parking lot with plenty of sunlight.
- Allow them to try and figure out how to create a sundial with those materials.
 - Have them share their models.
- Then, as a group, go over how to create a sundial:
 - Place the pencil in the clay so it is sticking straight up.
 - Place one rock at the end of its shadow and mark what time that represents.
 - Come back an hour later (or a specified time) and place the rock where the shadow is now.
 - Continue until the rocks are marking the hour places (this can then be used for future time-telling).
 - OR measure the distance between the first two, and measure out where each rock will be for each hour.